

# OHS NEWSLETTER

## RAS GIRTAS POWER COMPANY

2022  
1<sup>st</sup> Edition



The RGPC OH&S Newsletter 2022 1<sup>st</sup> edition purports to provide a comprehensive summary of the health and safety information's as of 31<sup>st</sup> May 2022.

### Achievements, Awards & Events

RoSPA Highly Commended in the Electricity Sector Award 2022

ENGIE Starz Award- 2022-Best Entity on HSE / Best Team on HSE

RoSPA Highly Commended in the Electricity Sector Award 2021

RoSPA Electricity Industry Sector Award- Commended 2020

RoSPA industry Sector Award- 2019 winner

RoSPA Industry Sector Award- 2018 winner

RoSPA International Sector Award- 2018 winner

RoSPA Industry Sector Award - Highly Commended- 2016 & 2017

RoSPA Gold Awards - For two consecutive years - 2014 & 2015

ENGIE MESCOT Award- ENGIE MESCOT Award 2017- Best Asset for HSE

ISO 45001:2018- Valid until August 2022

No LTI's

19.4 million man-hours without LTI

11.5 years without LTI



RoSPA Electricity Industry Sector Award- Highly Commended 2022



ENGIE MESCOT Award-2022 Best Entity on HSE / Best Team on HSE

## HEALTH CORNER

### PROTECT YOURSELF FROM

### HEAT STRESS

#### Heat Stress

Qatar's summer climate is very hot and humid with summer temperatures ranging from 30 to 50 degree Celsius and average relative humidity of 25% to 100%. This climate creates a potentially dangerous situation for those exposed to heat.

Exposure to extreme heat can result in occupational illnesses and injuries. Heat stress can result in heat stroke, heat exhaustion, heat cramps, or heat rashes. Heat can also increase the risk of injuries in workers as it may result in sweaty palms, fogged-up safety glasses, and dizziness.

#### Drink Water

- Acclimatization does not decrease your body's need for water. Drink plenty of water!
- Water is the best; juices or no caffeine sport drinks are also good.
- Stay away from caffeinated and carbonated diet drinks as they take water out of your body.

#### Dehydration

- To prevent dehydration, take advantage of scheduled water breaks!

#### Eat Healthy

- You can and should replace essential elements lost during sweating;
- Eat a balanced diet rather than taking sports drinks.

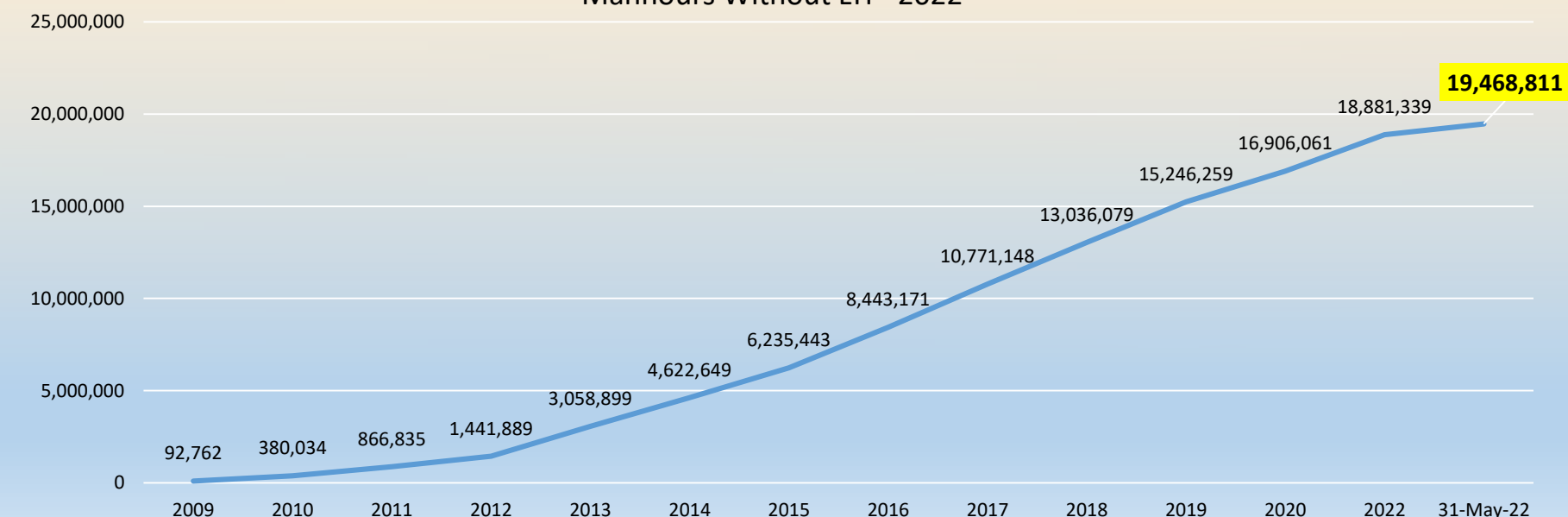
لون البول يشير إلى مدى حاجة الجسم للماء  
The color of urine tells how your body needs water  
پیشاب کا رنگ کہتا ہے کتنا پانی آپ کے جسم کو ضرورت ہے؟  
മൂത്രത്തിന്റെ ഈ നിറങ്ങൾ ശരീരത്തിൽ എങ്ങനെ വെള്ളം ആവശ്യമെന്ന് പറയുന്നു

اشرب ماء على الفور  
Drink Water Immediately  
پانی کو فوری طور پر پیو  
ഉടൻ വെള്ളം കുടിക്കുക

اشرب مزيداً من الماء  
Drink More Water  
اور زیادہ پانی پیو  
ധാരാളം വെള്ളം കുടിക്കുക

جيد: استمر في شرب الماء  
Good: Continue Drinking Water  
اچھا ہے : پانی پینا جاری رکھو  
നല്ലത് : വെള്ളം കുടി തുടരുക

#### Manhours Without LTI - 2022



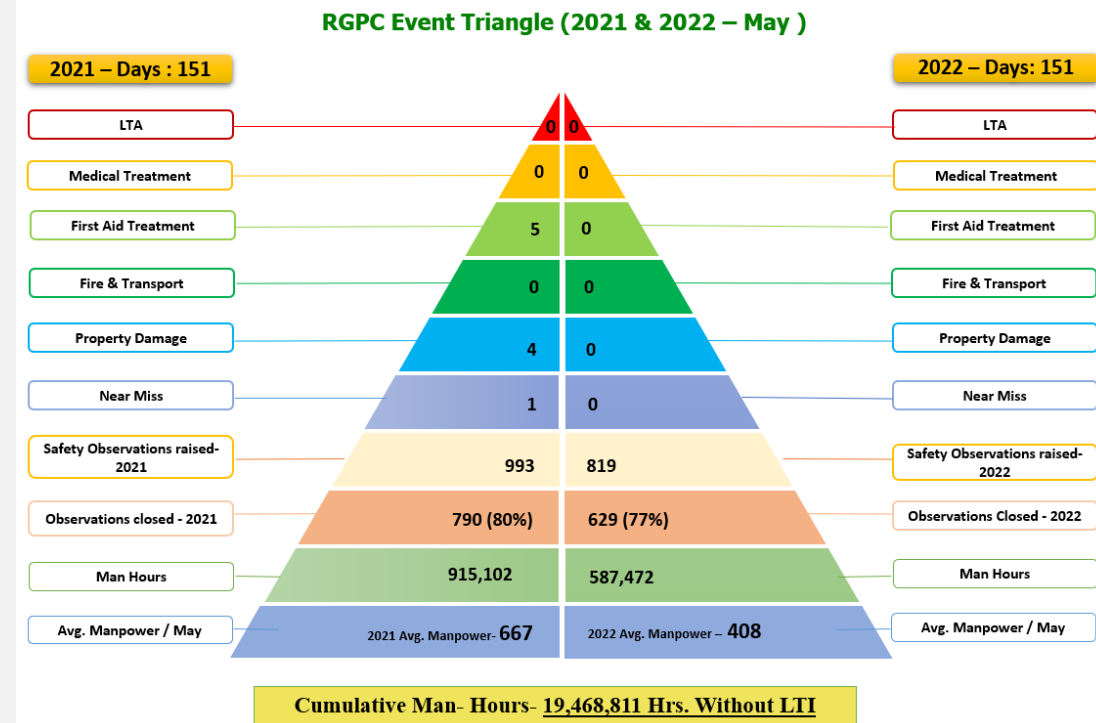


## Health and Safety Statistics

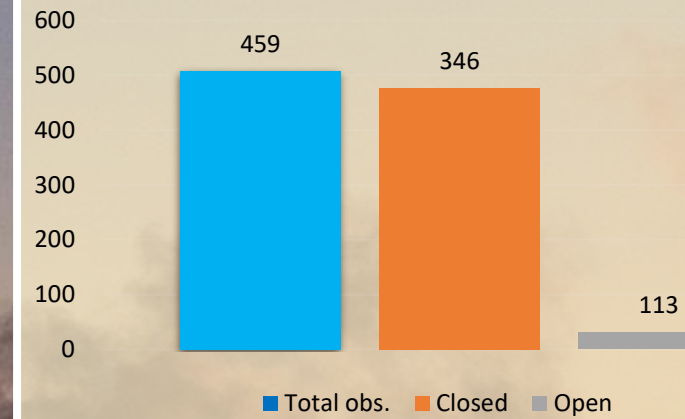
Average Manpower	408
Total Man-Hours	19,468,811 hrs.
Fatality / LTA / Medical Treatment	0
No. of First Aid Treatment	0
No of Fire Incident	0
Near Miss	0
Unsafe Act / Unsafe Condition Raised	819
Unsafe Act Condition Closed	629
Fresh Eye Observation	181
No. of Work Permit	2244
No. of Formal Safety Walk	123
Man-Hours-2022	587472
HSE&F Meeting	13
Positive Achievements	03

Total Safe Man-Hours – 19,468,811

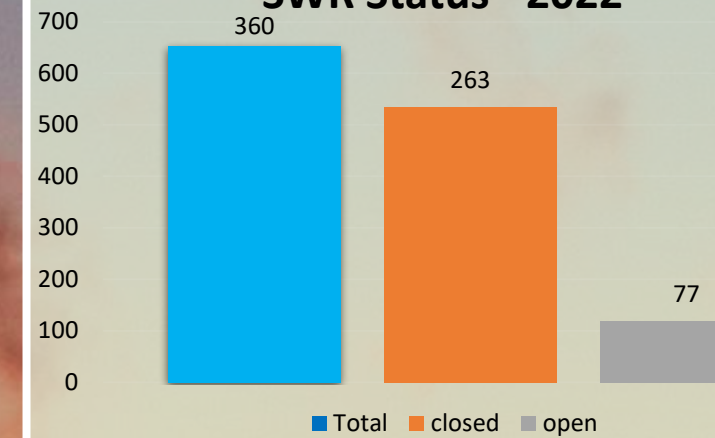
## RGPC Event Triangle



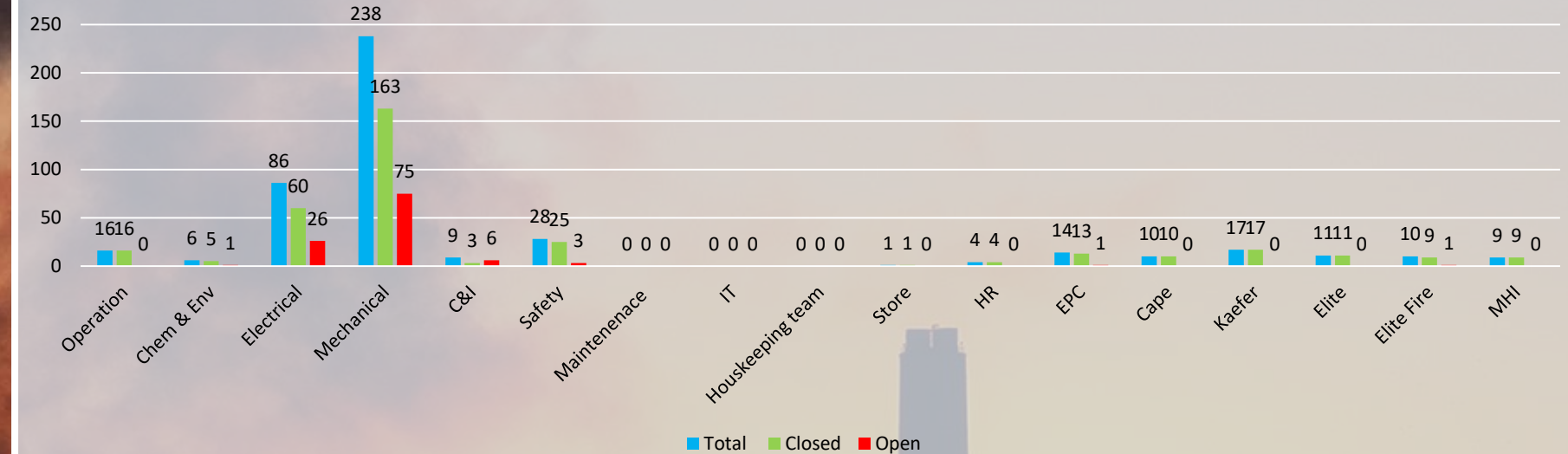
## SOR Status - 2022



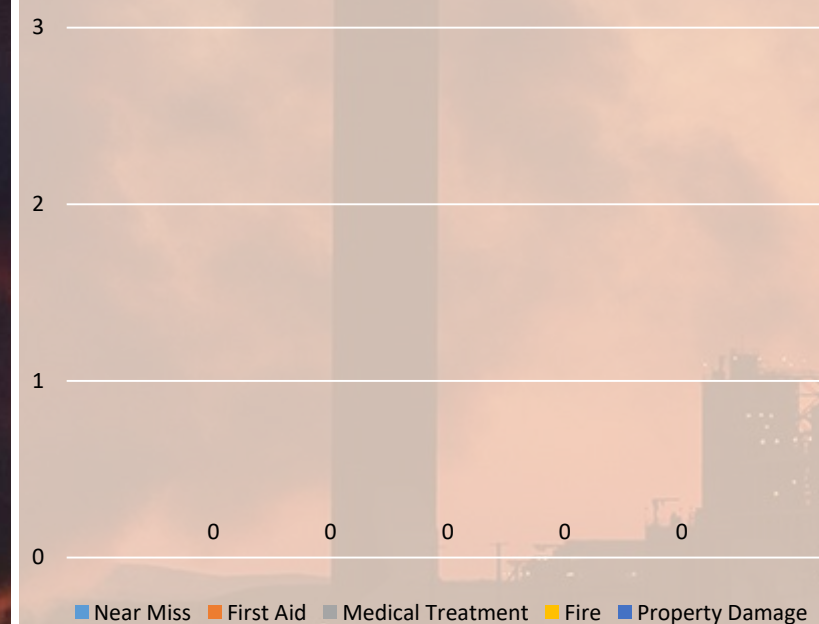
## SWR Status - 2022



## Safety Observation Report 2022



## Incidents



## Safety Walkthrough Report Summary 2022

