

# OHS NEWSLETTER

## RAS GIRTAS POWER COMPANY

2020  
2<sup>nd</sup> Edition



The RGPC OH&S Newsletter 2020 2<sup>nd</sup> edition purports to provide a comprehensive summary of the health and safety information's as of September 2020.

### Achievements, Awards & Events

16 million man-hours without LTI (2020-April)

RoSPA Commended Electricity Industry Sector Award (2020)

Winner of RoSPA Electricity Industry Sector Award 2019

ISO 45001 Certification (2019)

Best HSE team runner up award in ENGIE MESCAT - 2018

Winner of RoSPA Electricity Industry Sector Award 2018

Winner of RoSPA International Sector Award 2018

Winner of Best HSE Team - ENGIE MESCAT Award 2017

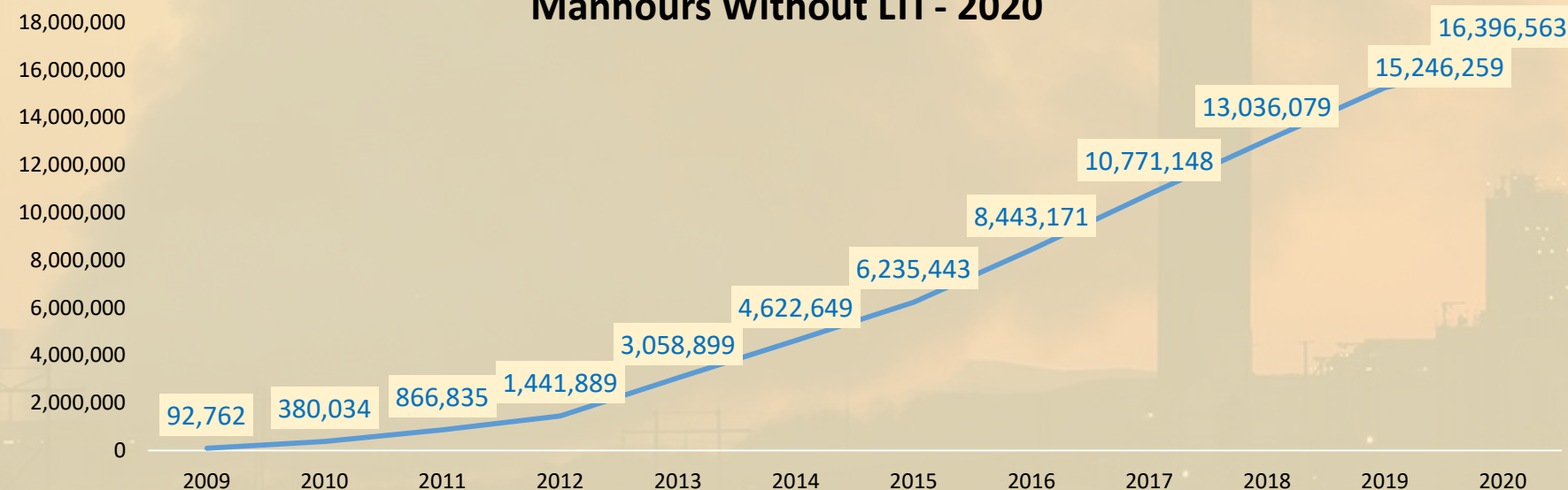
Winner of Highly Commended RoSPA Electricity Industry Sector Award  
- For two consecutive years (2017 & 2016)

RoSPA Gold Award - For two consecutive years (2014 & 2015)

### Milestone Achievements

"As on 19th July 2020, Our plant operations reached another significant milestone of 10 years of operations without LTI."

### Manhours Without LTI - 2020



## HEALTH CORNER

### MENTAL HEALTH AND WELL-BEING DURING COVID-19 OUTBREAK.

It is normal to feel sad, stressed, confused, scared or angry during the COVID-19 outbreak.

### Things you can do to support yourself



Hearing about the pandemic repeatedly can be upsetting: take breaks from watching, reading, or listening to news stories and social media.



Take care of your body. Take deep breaths, stretch, or meditate. Try to eat healthy, well-balanced meals, exercise regularly and get plenty of sleep.



Make time to unwind. Try to do some other activities you enjoy.



Connect with others. Talk with people you trust about your concerns and how you are feeling.



To speak to a mental health professional, call the new helpline on 16000 from 7am to 10 pm daily.

### Precautionary Measures

#### Physical Distancing

- Keep minimum distance between people according to MoPH Guidance (link)
- Keep occupancy of public places/venues, work spaces, businesses and shops at the appropriate level according to each phase

#### PPE and Hygiene

- Masks for all (staff and clients)
- Hand washing and/or hand sanitizers

#### Early Detection

- Thermal screening for employees and clients
- Mandatory staff testing as per MOPH guidelines

#### Ehteraz App

- Check Ehteraz App is downloaded
- Check that the status is green to allow entry

#### Vulnerable Groups

- Make special considerations for vulnerable groups
- Keep vulnerable groups safe and protected

### RGPC COVID-19 Test Statistics

Tested (including re-test)	Negative Results	Total nb of Positive & Reactive Cases	Current Active Cases
971	902	66	
Total no. of People Quarantined	Released from Quarantine	Total no. of Recovered	
118	113	65	1

### Wear Mask



Face masks shall be worn at all time in offices and facilities



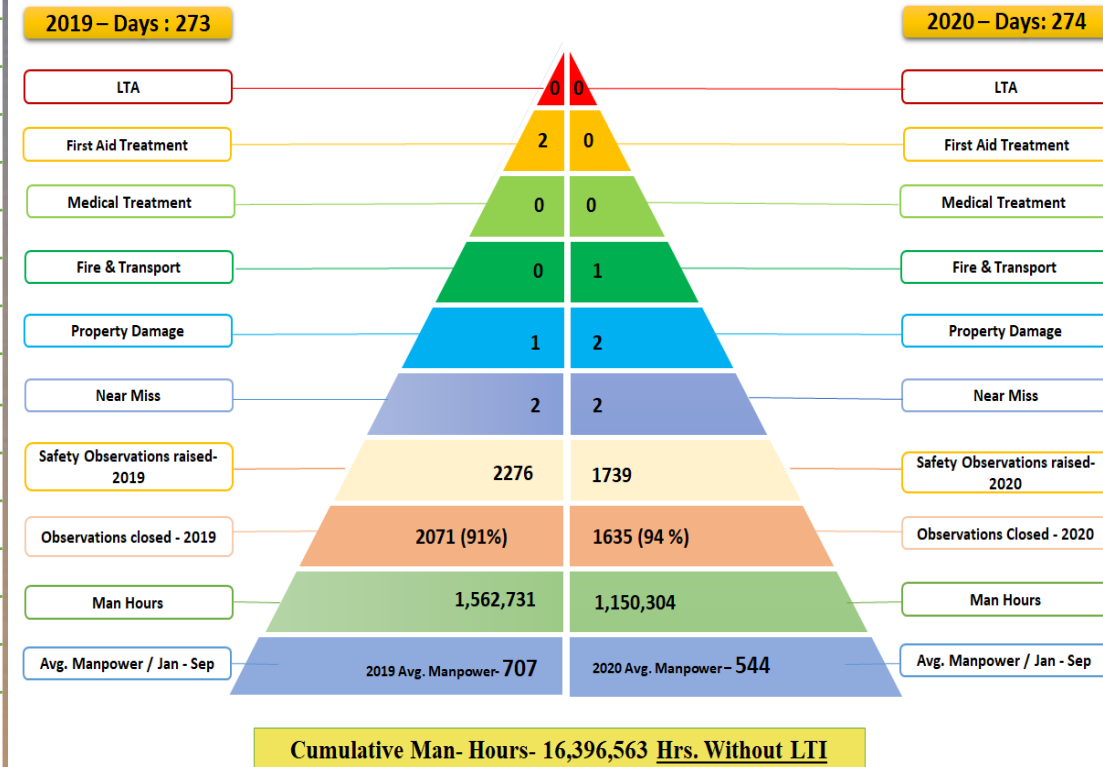
## Health and Safety Statistics (as of April-2020)

Average Manpower	543
Total Man-Hours	16,013,275 Hrs
Fatality / LTA / Medical Treatment	0
No. of First Aid Treatment	0
No of Fire Incident	1
Near Miss	2
Unsafe Act / Unsafe Condition Raised	1739
Unsafe Act Condition Closed	1635
Fresh Eye Observation	408
No. of Work Permit	4233
No. of Formal Toolbox Talk	491
No. of Formal Safety Walk	235
Actions from Formal Safety Walks	1739
Class based HSE Training hours.	3487
HSE&F Meeting	11
Positive Achievements	11

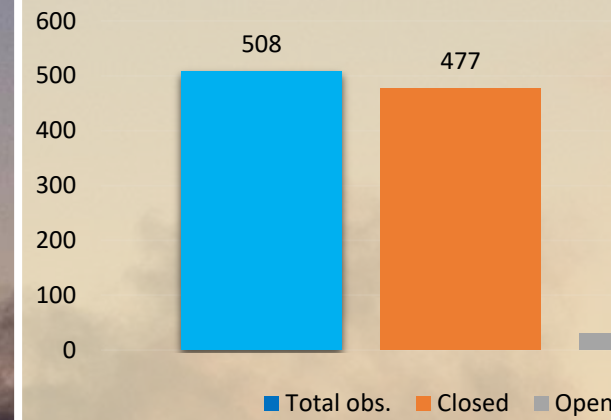
**Total Safe Man-Hours – 16,013,275 Hrs.**

## RGPC Event Triangle

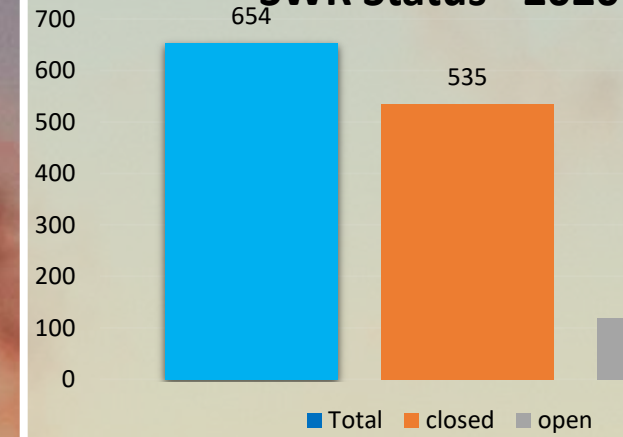
RGPC Event Triangle (2019 & 2020 – September )



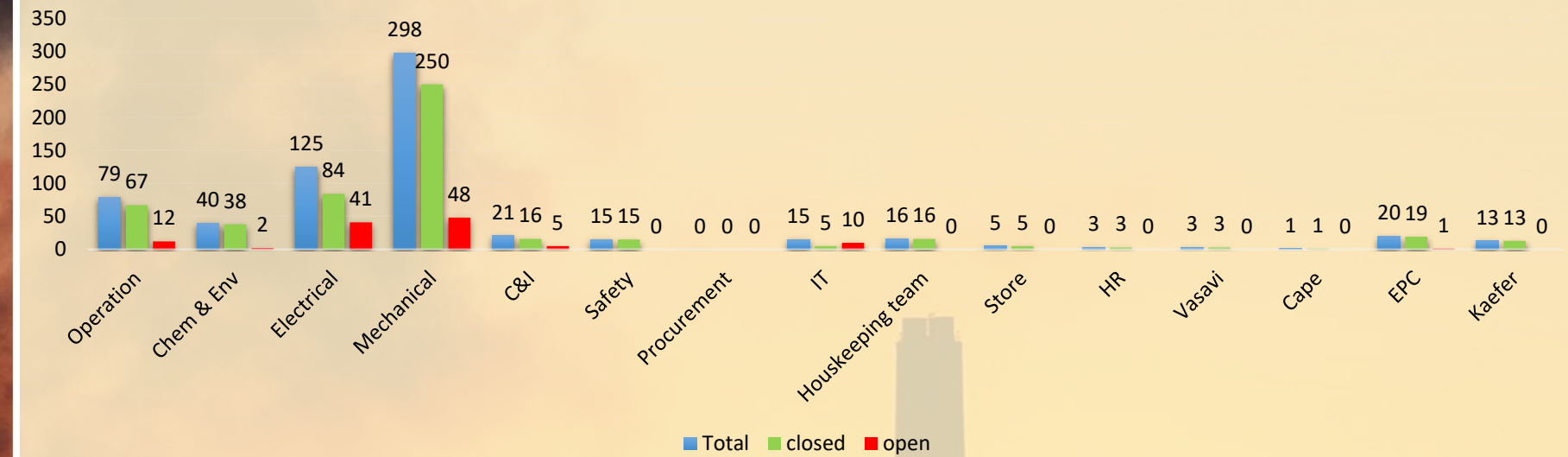
## SOR Status - 2020



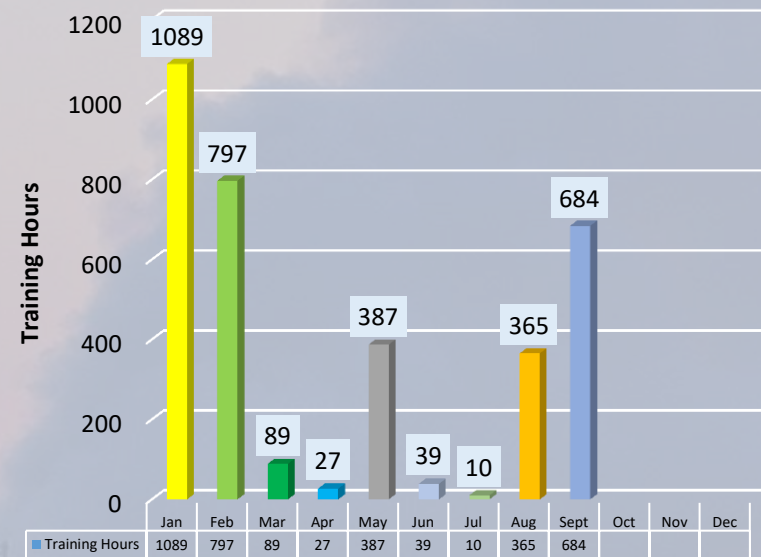
## SWR Status - 2020



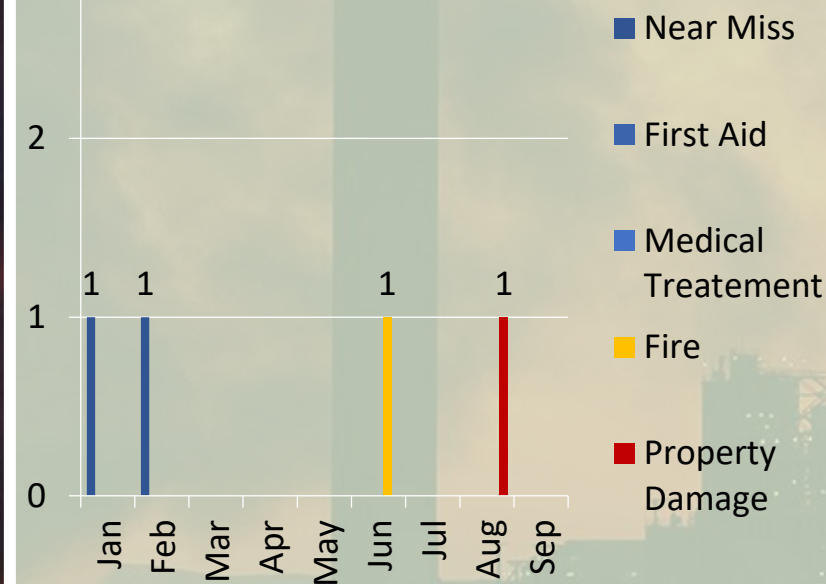
## Safety Walkthrough Report Summary 2020



## OHS Training Hours -2020



## Incidents-2020



## Safety Observation Report 2020 Summary

