

OHS NEWSLETTER

RAS GIRTAS POWER COMPANY

Edition
2020 - April



The RGPC OH&S Newsletter April 2020 edition purports to provide a comprehensive summary of the health and safety information's as of April 2020.

Achievements, Awards & Events

16 million man-hours without LTI (2020-April)

RoSPA Commended Electricity Industry Sector Award (2020)

Winner of RoSPA Electricity Industry Sector Award 2019

ISO 45001 Certification (2019)

Best HSE team runner up award in ENGIE MESCAT - 2018

Winner of RoSPA Electricity Industry Sector Award 2018

Winner of RoSPA International Sector Award 2018

Winner of Best HSE Team - ENGIE MESCAT Award 2017

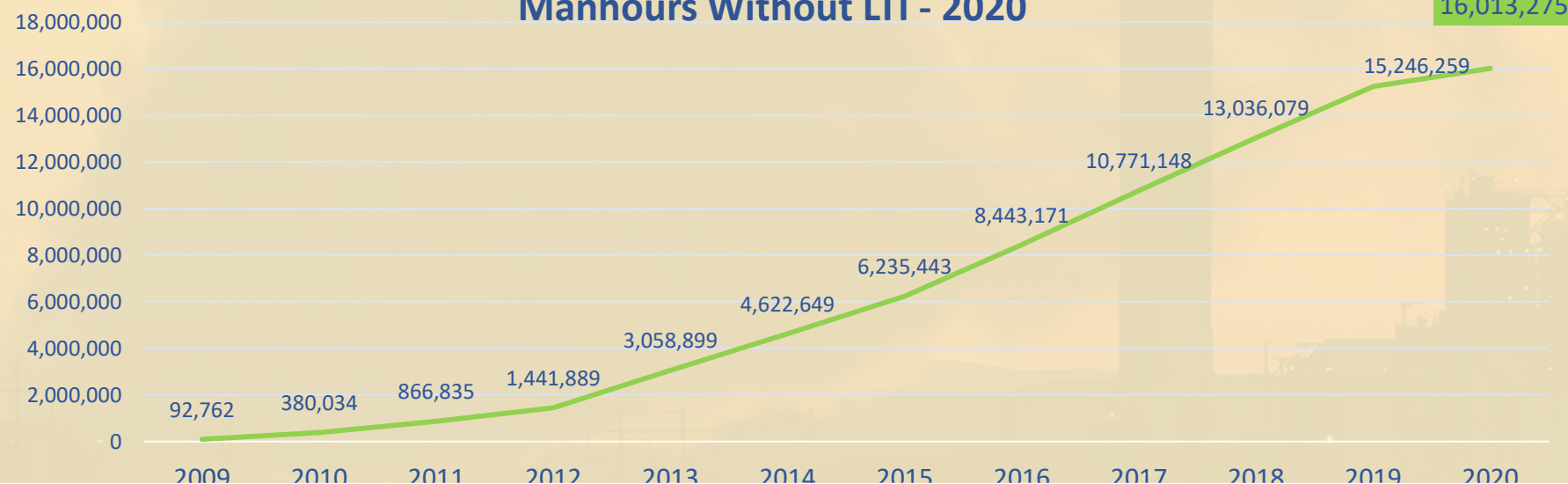
Winner of Highly Commended RoSPA Electricity Industry Sector Award
- For two consecutive years (2017 & 2016)

RoSPA Gold Award - For two consecutive years (2014 & 2015)

Two latest major safety milestone achievements

"On 26th April, RGPC achieved **16 Million Man-hours without LTI** and we have also won the **RoSPA Industry Sector Award 2020 - Commended in the Electricity Industry Sector**"

Manhours Without LTI - 2020



HEALTH CORNER

How to protect yourself & others from Coronavirus (2019-nCoV): CORONAVIRUS INFECTION

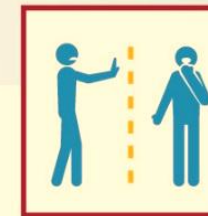
There are currently no vaccines available to protect you against human coronavirus infection. You may be able to Protect yourself from the risk of (2019-nCoV) infection by doing the following:



Wash your hands regularly with soap and water or alcohol-based Hand rub



Avoid touching your eyes, nose, or mouth



Keep distance, avoid close contact, and do not shake hands with persons who suffer cold or flu-like symptoms



Cancel or Postpone unnecessary travel to affected places

If you have Flu-like symptoms, you can help protect others by doing the following:



Stay home and avoid close contact with others until free of symptoms



Cover your mouth and nose when coughing and sneezing with a tissue or flexed elbow, then throw the tissue in the trash, and wash your hands.



In case of severe symptoms visit the nearest healthcare facility or call hotline: 66740951 - 66740948

Wearing of masks made mandatory outside home except when driving alone



Qatar residents will have to compulsorily wear face masks while stepping out of home for any reason from Sunday, May 17. Face masks shall be worn at all times in offices and facilities

Heat Stress



Qatar's summer climate is very hot and humid with summer temperatures ranging from 30 to 50 degree Celsius and average relative humidity of 25% to 100%. This climate creates a potentially dangerous situation for those exposed to heat.

Exposure to extreme heat can result in occupational illnesses and injuries. Heat stress can result in heat stroke, heat exhaustion, heat cramps, or heat rashes. Heat can also increase the risk of injuries in workers as it may result in sweaty palms, fogged-up safety glasses, and dizziness.

Drink Water

- Acclimatization does not decrease your body's need for water. Drink plenty of water!
- Water is the best; juices or no caffeine sport drinks are also good.
- Stay away from caffeinated and carbonated diet drinks as they take water out of your body.

Dehydration

- To prevent dehydration, take advantage of scheduled water breaks!

Eat Healthy

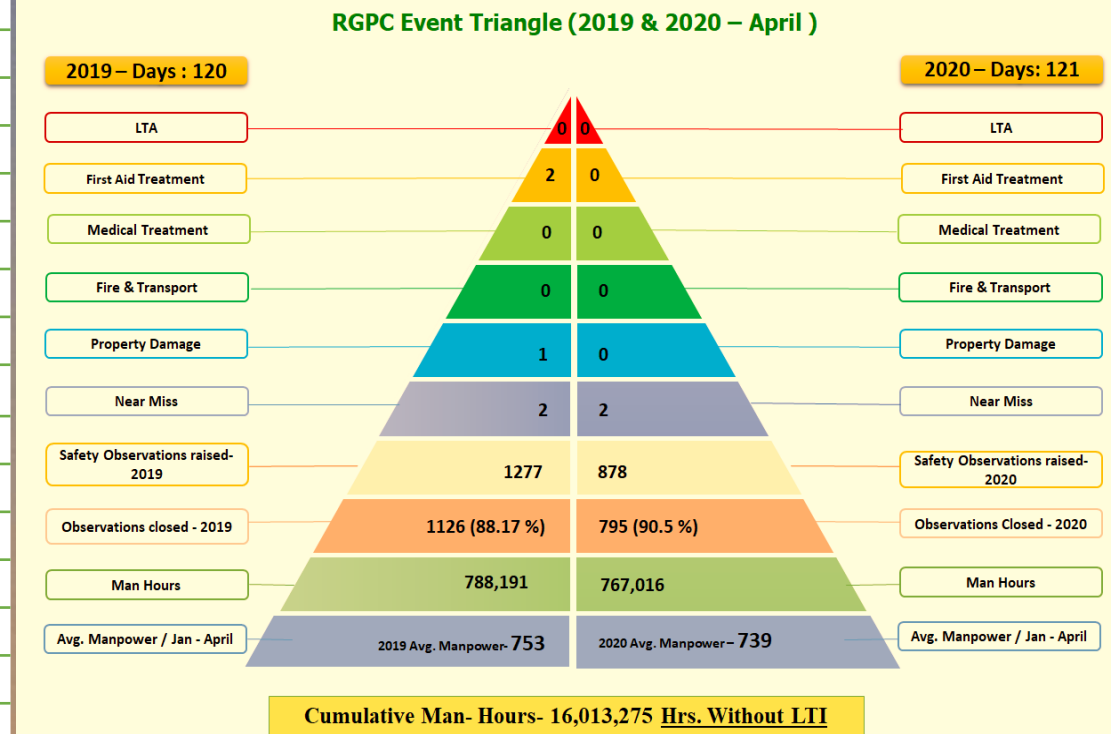
- You can and should replace essential elements lost during sweating;
- Eat a balanced diet rather than taking sports drinks.

Health and Safety Statistics (as of April-2020)

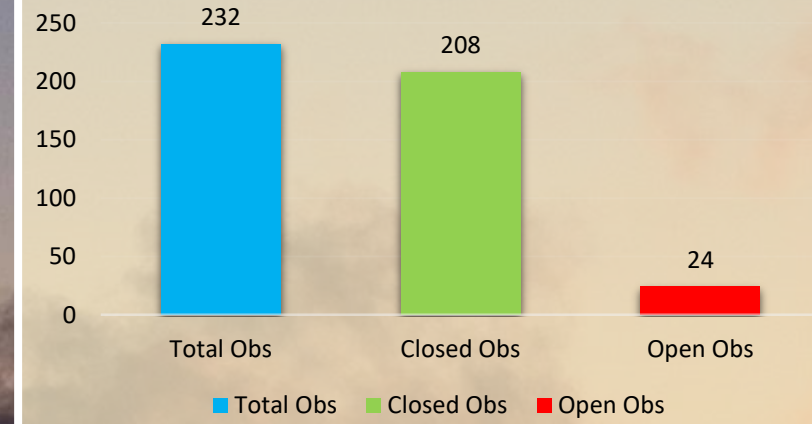
Average Manpower	495
Total Man-Hours	16,013,275 Hrs
Fatality / LTA / Medical Treatment	0
No. of First Aid Treatment	0
No of Fire Incident	0
Near Miss	2
Unsafe Act / Unsafe Condition Raised	878
Unsafe Act Condition Closed	821
Fresh Eye Observation	139
No. of Work Permit	1785
No. of Formal Toolbox Talk	213
No. of Formal Safety Walk	161
Actions from Formal Safety Walks	878
Class based HSE Training hours.	324
HSE&F Meeting	6
Positive Achievements	6

Total Safe Man-Hours – 16,013,275 Hrs.

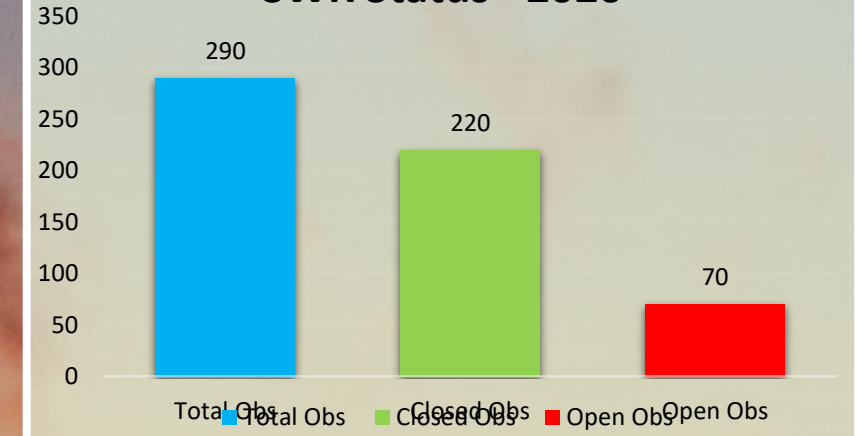
RGPC Event Triangle



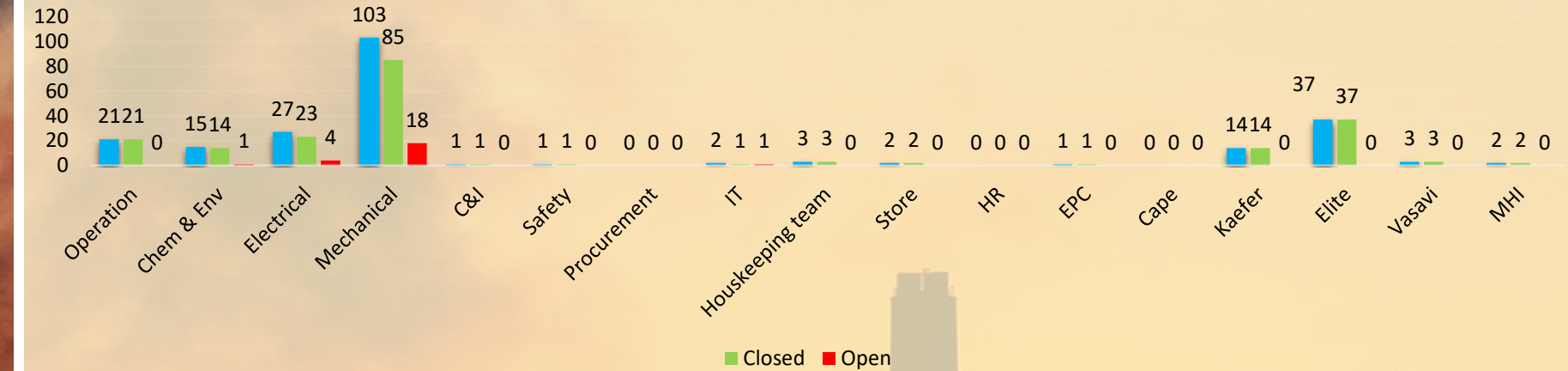
SOR Status - 2020



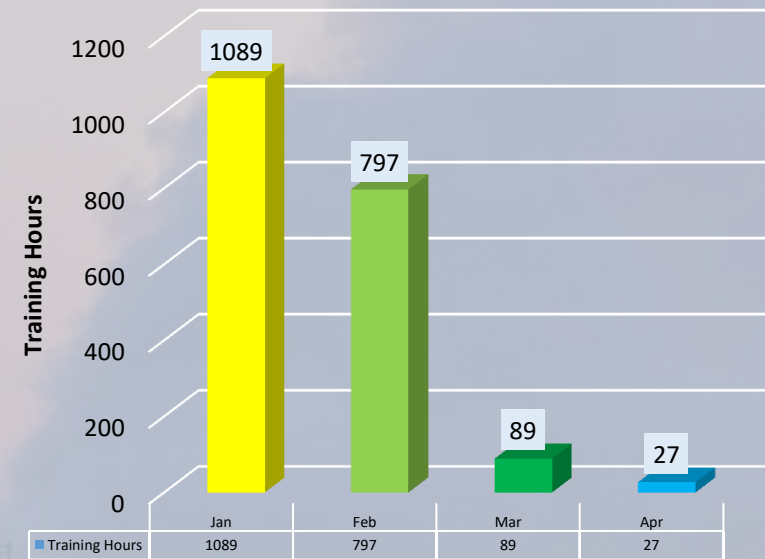
SWR Status - 2020



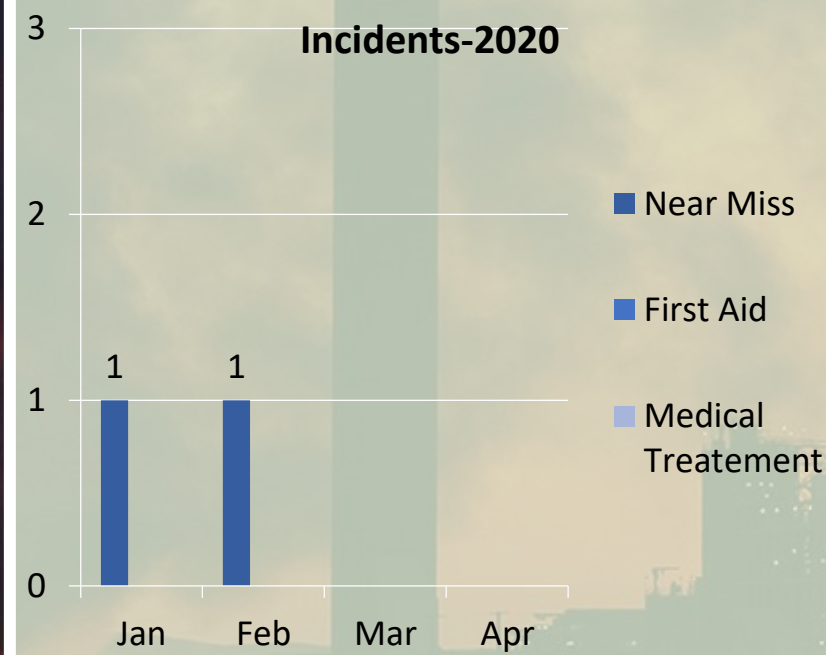
Safety Observation Report Summary 2020



OHS Training Hours -2020



Incidents-2020



Safety Walkthrough Report Summary 2020

