

NEWSLETTER

RAS GIRTAS POWER COMPANY

Occupational Health & Safety Quarterly Newsletter

Celebrating

10 Million Man-hours

7 Years Without LTI



Edition – Dec 2017

RAS GIRTAS
Power



رأس قرطاس
للطاقة



Introduction

The RGPC OH&S Newsletter is a comprehensive summary of the most important information's of Health and Safety. This newsletter purports to serve as a site for the most up-to-date and innovative health & safety information's.

Achievement's, Awards & Events - 2017

RoSPA Highly Commends

in Electricity Industry Sector

- For two consecutive years (2017 & 2016)
- First company in Qatar to be honoured with this award title

OHSAS Certification 18001:2007

RoSPA Gold Award 2014 & 2015

- For two consecutive years

10 million man-hours without LTI

7 years without LTI

Health and Safety Report – 2017

Month	Total
Number of Hours Worked by Employees	3,06,565
Number of Hours Worked by Temp Workers	94,856
Temporary Worker First Aid Treatment	1
Number of Hours Worked by Contractors	1,926,558
Contractor First Aid Treatment	3
Property Damage	2
Near Misses/Near Hits	3
Unsafe Act or Unsafe Condition Reported	273
Near Miss/Unsafe Act or Unsafe Condition Closed	208
Safety Walks	493
Toolbox Talks	1,129
Fresh Eye Observations	1,022
Permit to Work Issued	6,965
Emergency Drill Performed	7
Health Promotion Programmes Implemented	3
Total Safe Man hours	10,771,148 Hrs.

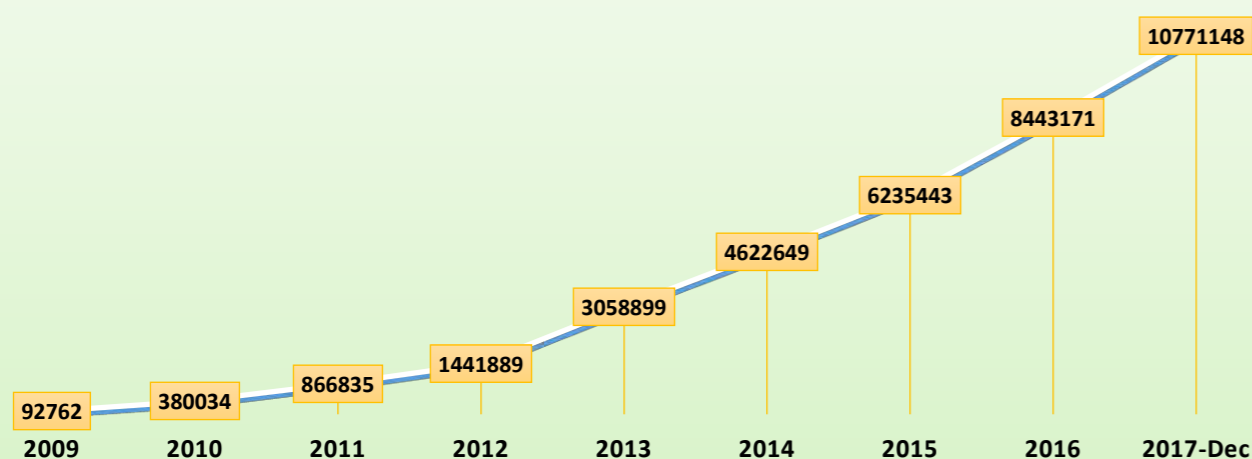
RGPC Health Corner

Top Comfort Tips for Computer Users

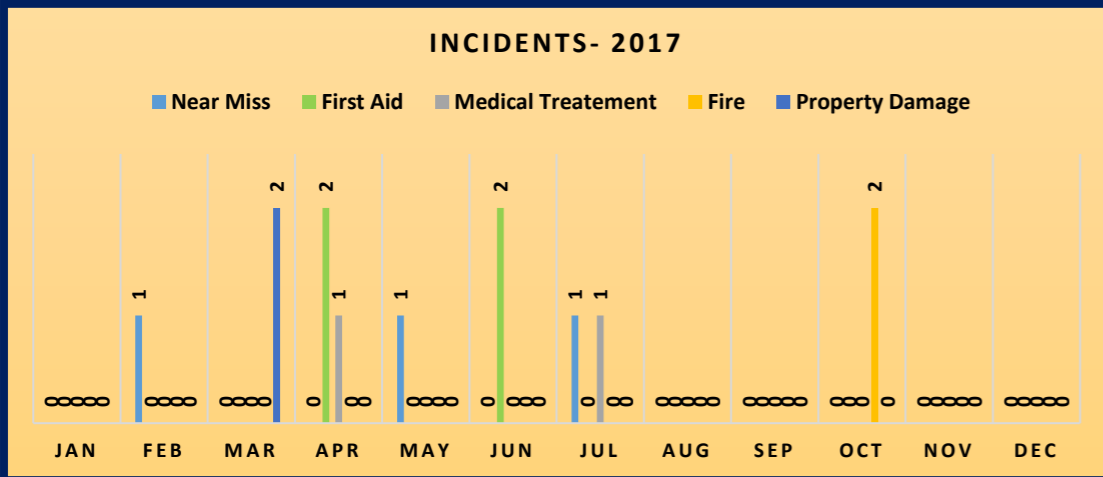
- 1 Keep top of screen at or near eye level
- 2 Use a document holder while typing
- 3 Place mouse next to keyboard, within a comfortable reach
- 4 Relax your shoulders and sit with your back supported against the back rest
- 5 Keep elbows at 90-degree angles at your sides and wrists straight
- 6 Rest your feet firmly on floor or footrest



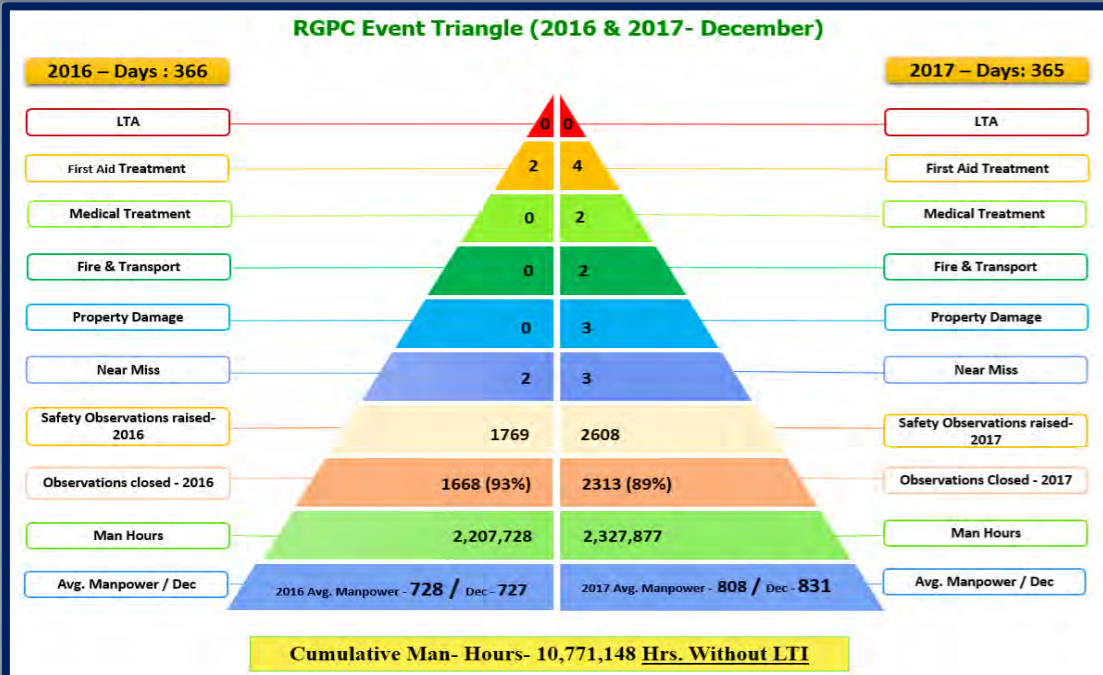
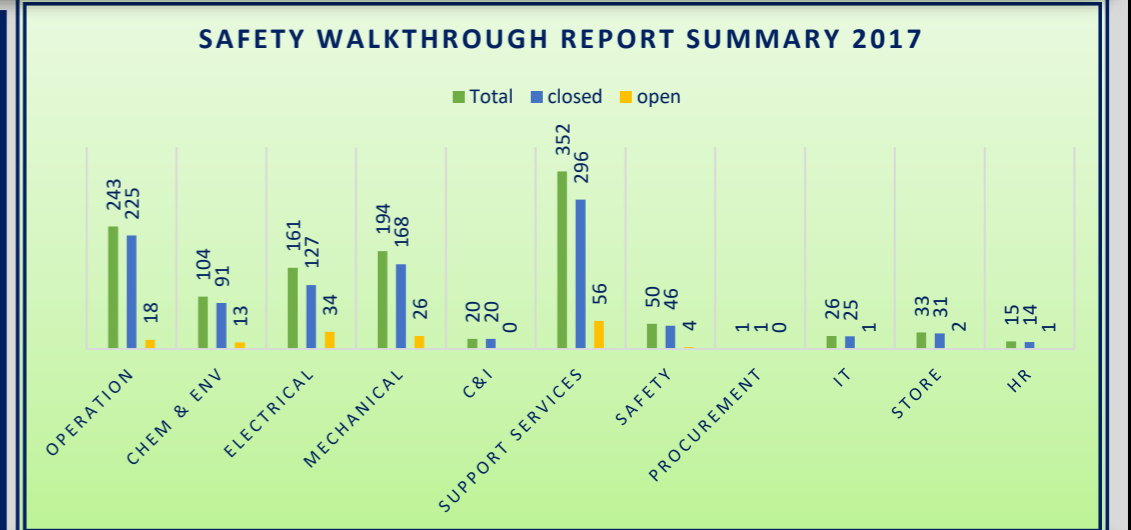
MAN-HOURS WITHOUT LTI-2017



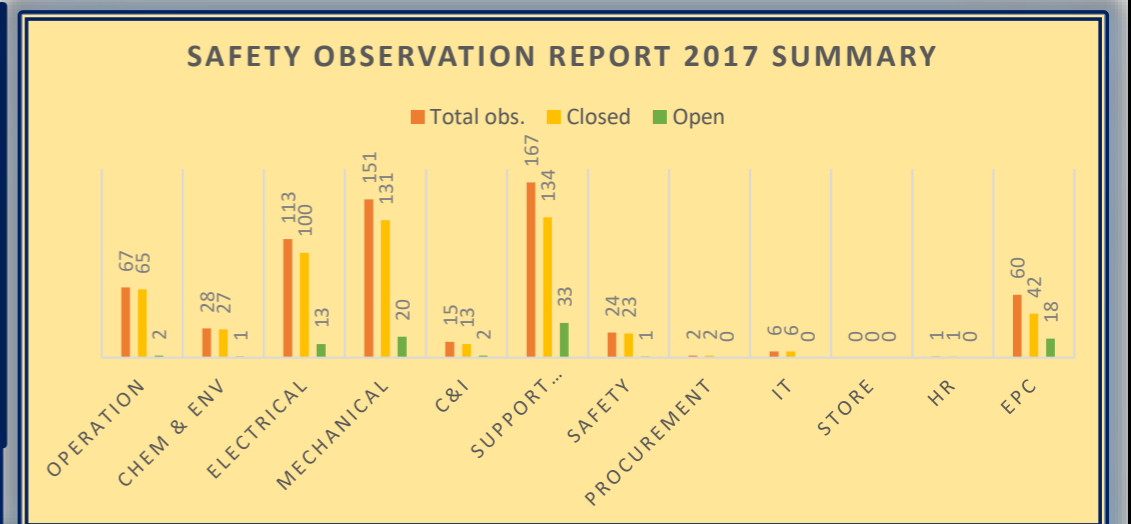
10 Million Safe Man Hours Celebration -21st December 2017.



Night Shift Emergency Drill - Fire inside Workshop Building (29-Dec-2017)



RGPC-RLIC Mutual Aid Exercise – Rescue from Height (10-Dec-2017)



Emergency Escape Hood Training

